

Martial Arts and Athletic Center

Student Discipline Policy

The Martial Arts and Athletic center was founded on the principles of discipline, respect and self-control. Tae Kwon Do is the vehicle used to install each of these character qualities into our students. Alas, there are times when a student may not adhere to the code of conduct required at the MAAC and disciplinary measures must be taken.

Discipline, according to Merriam-Webster Dictionary, is training that corrects, molds, or perfects the mental faculties or moral character.

The MAAC firmly believes that discipline is learned through example, participation, instruction and at times, disciplinary action. We strive to teach all students to respect themselves, their family and friends, and those of authority. The last is especially important for students to learn.

The goal of the MAAC is to teach by example and instruction, but at times, students must be shown that there are consequences for disruptive behavior, disrespect of authority, and volatile/violent outbursts.

He who spares the rod, hates his son, but he who loves him is careful to discipline him. Proverbs 13:24

Following in the tradition of many decades of martial arts training, while at the same time being an undeniably Christian organization adhering to the teachings of the Bible, the MAAC uses various methods of disciplinary instruction.

Rules are set forth; children are given the rules of conduct in each class and know what is expected of them at all times. If a child needs reprimand, he or she is first told to stop what they are doing, then asked why they are not following the rules. Depending upon the offense, they are either given a second chance or further action is taken. The next step is to separate them from the other kids in a place of personal reflection to let them cool down and think about how they might behave differently.

If this has been done, or the offense is egregious, the child will be asked to perform a basic martial art exercise such as, but not limited to, wall sits, push-ups, jumping jacks, squat kicks, or some similar activity. If this is proven to be ineffective, or the child responds to the instructor in an inappropriate, disrespectful or volatile/violent manner, further action is required.

As a martial arts school, the MAAC employs various Martial Arts principles of discipline. Sparring of the students is used in instruction as well as correction. The sparring of a student may be conducted by an instructor or another student of equal or higher rank as the offending student. Control is used at all times by both instructors and students, with safety equipment such as head gears worn. This disciplinary action may be conducted either in front of other students or with only the student, instructor and at least one other witness present, either a MAAC employee or student.

If all of the afore mentioned methods have taken place and the student is still not complying with the MAAC's code of conduct, Master Lister is called in to administer further corrective action. This can be either a sparring session or a parent meeting in which the offense will be discussed and action on the part of the parent is expected. If a student is consistently noncompliant to the rules, the MAAC reserves the right to refuse service to the child for a set period of time, as in a suspension, or to terminate the care indefinitely.

By signing below, you understand and agree to the MAAC's discipline policy.

Parent/Guardian Signature _____ Date _____